

SSTvWAKE-HIGH-QMHS-RCS-NDA12-12-09 - 12/12/2009**Dual Meet Scores - Through Event 24****Combined**

| | | | |
|--------------------------------|--------|--------|--------------------------------|
| Notre Dame Academy Swim Team | 245.00 | 128.00 | Highland School |
| Highland School | 160.00 | 136.00 | Quantico Middle High School |
| Highland School | 152.00 | 115.00 | Richmond Christian School |
| Seton School | 433.00 | 81.00 | Highland School |
| Wakefield School Fighting Owls | 170.00 | 145.00 | Highland School |
| Highland School | 168.00 | 46.00 | Wakfield Country Day School |
| Notre Dame Academy Swim Team | 237.00 | 115.00 | Quantico Middle High School |
| Notre Dame Academy Swim Team | 221.00 | 98.00 | Richmond Christian School |
| Seton School | 418.00 | 117.00 | Notre Dame Academy Swim Team |
| Notre Dame Academy Swim Team | 207.00 | 155.00 | Wakefield School Fighting Owls |
| Notre Dame Academy Swim Team | 245.00 | 46.00 | Wakfield Country Day School |
| Quantico Middle High School | 129.00 | 113.00 | Richmond Christian School |
| Seton School | 440.00 | 64.00 | Quantico Middle High School |
| Wakefield School Fighting Owls | 170.00 | 119.00 | Quantico Middle High School |
| Quantico Middle High School | 148.00 | 46.00 | Wakfield Country Day School |
| Seton School | 441.00 | 48.00 | Richmond Christian School |
| Wakefield School Fighting Owls | 163.00 | 108.00 | Richmond Christian School |
| Richmond Christian School | 112.00 | 48.00 | Wakfield Country Day School |
| Seton School | 417.00 | 90.00 | Wakefield School Fighting Owls |
| Seton School | 430.00 | 37.00 | Wakfield Country Day School |
| Wakefield School Fighting Owls | 170.00 | 48.00 | Wakfield Country Day School |

Men

| | | | |
|------------------------------|--------|-------|--------------------------------|
| Notre Dame Academy Swim Team | 127.00 | 86.00 | Highland School |
| Highland School | 105.00 | 68.00 | Quantico Middle High School |
| Highland School | 97.00 | 86.00 | Richmond Christian School |
| Seton School | 222.00 | 50.00 | Highland School |
| Highland School | 106.00 | 53.00 | Wakefield School Fighting Owls |
| Highland School | 114.00 | 30.00 | Wakfield Country Day School |
| Notre Dame Academy Swim Team | 121.00 | 58.00 | Quantico Middle High School |
| Notre Dame Academy Swim Team | 111.00 | 68.00 | Richmond Christian School |
| Seton School | 214.00 | 57.00 | Notre Dame Academy Swim Team |
| Notre Dame Academy Swim Team | 123.00 | 46.00 | Wakefield School Fighting Owls |
| Notre Dame Academy Swim Team | 128.00 | 30.00 | Wakfield Country Day School |

SSTvWAKE-HIGH-QMHS-RCS-NDA12-12-09 - 12/12/2009**Dual Meet Scores - Through Event 24****Men**

| | | | |
|--------------------------------|--------|-------|--------------------------------|
| Richmond Christian School | 82.00 | 60.00 | Quantico Middle High School |
| Seton School | 221.00 | 34.00 | Quantico Middle High School |
| Quantico Middle High School | 73.00 | 50.00 | Wakefield School Fighting Owls |
| Quantico Middle High School | 71.00 | 30.00 | Wakfield Country Day School |
| Seton School | 224.00 | 34.00 | Richmond Christian School |
| Richmond Christian School | 90.00 | 42.00 | Wakefield School Fighting Owls |
| Richmond Christian School | 86.00 | 32.00 | Wakfield Country Day School |
| Seton School | 225.00 | 24.00 | Wakefield School Fighting Owls |
| Seton School | 218.00 | 23.00 | Wakfield Country Day School |
| Wakefield School Fighting Owls | 53.00 | 32.00 | Wakfield Country Day School |

Women

| | | | |
|--------------------------------|--------|-------|--------------------------------|
| Notre Dame Academy Swim Team | 118.00 | 42.00 | Highland School |
| Quantico Middle High School | 68.00 | 55.00 | Highland School |
| Highland School | 55.00 | 29.00 | Richmond Christian School |
| Seton School | 211.00 | 31.00 | Highland School |
| Wakefield School Fighting Owls | 117.00 | 39.00 | Highland School |
| Highland School | 54.00 | 16.00 | Wakfield Country Day School |
| Notre Dame Academy Swim Team | 116.00 | 57.00 | Quantico Middle High School |
| Notre Dame Academy Swim Team | 110.00 | 30.00 | Richmond Christian School |
| Seton School | 204.00 | 60.00 | Notre Dame Academy Swim Team |
| Wakefield School Fighting Owls | 109.00 | 84.00 | Notre Dame Academy Swim Team |
| Notre Dame Academy Swim Team | 117.00 | 16.00 | Wakfield Country Day School |
| Quantico Middle High School | 69.00 | 31.00 | Richmond Christian School |
| Seton School | 219.00 | 30.00 | Quantico Middle High School |
| Wakefield School Fighting Owls | 120.00 | 46.00 | Quantico Middle High School |
| Quantico Middle High School | 77.00 | 16.00 | Wakfield Country Day School |
| Seton School | 217.00 | 14.00 | Richmond Christian School |
| Wakefield School Fighting Owls | 121.00 | 18.00 | Richmond Christian School |
| Richmond Christian School | 26.00 | 16.00 | Wakfield Country Day School |
| Seton School | 192.00 | 66.00 | Wakefield School Fighting Owls |
| Seton School | 212.00 | 14.00 | Wakfield Country Day School |
| Wakefield School Fighting Owls | 117.00 | 16.00 | Wakfield Country Day School |

SSTvWAKE-HIGH-QMHS-RCS-NDA12-12-09 - 12/12/2009**Results - SST Meet Dec 12-2009****Event 1 Boys 200 Yard Medley Relay****SST Record: 1:39.82 2/17/2006 Koehr, Cook, Morch, Koehr****Nat Cath QT: 1:46.50****VSIS QT: 2:00.20**

| Team | Relay | Seed Time | Finals Time | Points |
|---|---------------------------------|------------------------|------------------------|---------------|
| 1 Seton School | A | 1:43.00 | 1:48.49 | |
| 1) Cook, Connor SR 27.38 30.07 25.75 | 2) Koehr, Daniel SR 25.29 | 3) Basinger, David JR | 4) Kenna, Patrick JR | |
| 2 Seton School | B | 1:55.00 | 2:03.52 | |
| 1) Koehr, Patrick 8 33.79 32.81 30.61 | 2) Hill, Michael SO 26.31 | 3) Smith, Jamie 8 | 4) Kenna, Joseph 8 | |
| 3 Notre Dame Academy Swim | A | NT | 2:08.43 | |
| 1) Yoo, Jimmy 37.32 37.45 25.78 | 2) Fletcher, Nick 27.88 | 3) Houle, Jake | 4) Sherman, Kevin | |
| 4 Richmond Christian School-V | A | 2:14.94 | 2:12.99 | |
| 1) Moore, Eric SO 42.41 30.82 38.86 | 2) Chumley, George JR 20.90 | 3) Moore, Sean 8 | 4) Ray, Jake FR | |
| 5 Quantico Middle High School | A | NT | 2:15.68 | |
| 1) Mitchell, Derek 33.91 43.30 16.40 | 2) Conruyt, Romain 42.07 | 3) Stover, Luke FR | 4) Mancini, Carmine SO | |
| 6 Highland School-VA | A | NT | 2:21.22 | |
| 1) Tahrawi, Ryan 41.79 42.80 27.41 | 2) Alto, Peyton JR 29.22 | 3) Coroban, Vitali SR | 4) Silva, Patrick JR | |
| 7 Wakefield School Fighting Ov | A | NT | 2:22.23 | |
| 1) Dolan, Phillip FR 42.30 33.96 33.52 | 2) Martin, Thoreau JR 32.45 | 3) Mahoney, Bailey | 4) Quinn, Lucas | |
| --- Seton School | C | 1:57.00 | X2:15.96 | |
| 1) Pechie, Paul 7 39.88 34.90 33.29 | 2) Rosato, Jonathan JR 27.89 | 3) Verry, Matthew JR | 4) Bliss, Kevin SO | |
| --- Seton School | E | 2:05.00 | X2:27.86 | |
| 1) Corkery, Jack FR 40.23 42.03 37.92 | 2) Quinan, Peter FR 27.68 | 3) Mosimann, James FR | 4) Marrazzo, Luke FR | |
| --- Seton School | D | 2:00.00 | X2:35.36 | |
| 1) Kleb, Rocky JR 44.58 44.92 34.31 | 2) Collins, Michael SO 31.55 | 3) Kleb, Connor 8 | 4) Scheetz, Joseph JR | |
| --- Seton School | F | 2:10.00 | X2:54.84 | |
| 1) Geiran, Jack FR 50.40 42.38 47.77 | 2) Rohan, Peter FR 34.29 | 3) Lambrecht, David FR | 4) Hall, Patrick JR | |
| --- Notre Dame Academy Swim | B | NT | DQ | |
| 1) Heim, Raphael 44.10 16.27 31.97 | 2) Sherman, Chris 1:05.32 | 3) Nicholes, Matthew | 4) Dimoff, David | |

Event 2 Girls 200 Yard Medley Relay**SST Record: 1:57.15 1/28/2008 Dunn, Kenna, Mazz, Donohoe****Nat Cath QT: 2:06.49****VSIS QT: 2:12.71**

| Team | Relay | Seed Time | Finals Time | Points |
|--|-----------------------------------|----------------------|-----------------------|---------------|
| 1 Seton School | A | 1:57.15 | 2:04.29 | |
| 1) Doonis, Alex SO 31.23 36.02 30.93 | 2) Lambrecht, Rachel JR 26.11 | 3) Talbott, Laura SR | 4) Donohoe, Lauren JR | |
| 2 Wakefield School Fighting Ov | A | 2:45.00 | 2:22.02 | |
| 1) Zontine, Hannah FR 37.75 36.75 40.25 | 2) Hutcheson, Haleigh SO 27.27 | 3) Weimer, Kate FR | 4) Cole, Rachel JR | |
| 3 Notre Dame Academy Swim | A | NT | 2:27.89 | |
| 1) York, Sammi 42.86 35.28 33.86 | 2) Bernabeau, Alex 35.89 | 3) Houle, Nicole | 4) Shevock, Kelsey | |

SSTvWAKE-HIGH-QMHS-RCS-NDA12-12-09 - 12/12/2009

Results - SST Meet Dec 12-2009

(Event 2 Girls 200 Yard Medley Relay)

| Team | Relay | Seed Time | Finals Time | Points |
|------------------------------------|--------------------------|----------------------------|------------------------|--------|
| 4 Wakefield School Fighting Owls | B | NT | 2:39.19 | |
| 1) Gorman, Jackie FR | 2) Stirrup, Sarah SO | 3) Stiehm, Claire | 4) Martin, Rachel SO | |
| 43.59 16.88 26.25 | 1:12.47 | | | |
| --- Seton School | D | 2:15.00 | X2:28.29 | |
| 1) Mosimann, Monica JR | 2) Heim, Sarah 8 | 3) Kerns, Shannon FR | 4) Verry, Theresa FR | |
| 39.33 40.98 38.68 | 29.30 | | | |
| --- Seton School | C | 2:10.00 | X2:31.05 | |
| 1) Sinner, Daniela SR | 2) Murphy, Maggie SO | 3) Wunderly, Bernadette FR | 4) Cummings, Judith SO | |
| 39.37 41.70 36.12 | 33.86 | | | |
| --- Seton School | E | 2:17.00 | X2:43.68 | |
| 1) Fusco, Sophia 8 | 2) Wittlinger, Mikey FR | 3) Lowell, Emily 8 | 4) Lowell, Hannah SR | |
| 44.29 43.65 41.33 | 34.41 | | | |
| --- Seton School | F | 2:20.00 | X2:50.47 | |
| 1) Salas, Ali FR | 2) Geiran, Fiona 7 | 3) Fusco, Emilia JR | 4) Seoh, Fiona 8 | |
| 44.11 52.84 44.90 | 28.62 | | | |
| --- Quantico Middle High School | A | NT | DQ | |
| 1) Rew, Kaysie SO | 2) Mullins, Elizabeth SO | 3) Moore, Paige | 4) Moreno, Perri SO | |
| 49.42 43.83 42.22 | 40.09 | | | |
| --- Wakefield School Fighting Owls | C | NT | DQ | |
| 1) Diaz-Aleman, Alex FR | 2) Dickson, Marianna FR | 3) Gunberg, Emily FR | 4) Fortney, Julie SO | |
| 51.66 46.14 50.02 | 37.24 | | | |
| --- Seton School | B | 2:05.00 | DQ | |
| 1) Byers, Monica SO | 2) Zapiain, Leslie JR | 3) Bennett, Lucy SO | 4) McGurk, Sarah SO | |
| 34.88 40.34 31.54 | 29.23 | | | |
| --- Richmond Christian School-V | A | 2:45.04 | NS | |
| 1) Wenner, Melanie 8 | 2) Crowder, Kayla 7 | 3) Staneart, Kellyn FR | 4) Ray, Jamie SR | |

Event 3 Boys 200 Yard Freestyle

SST Record: 1:38.59 2/13/2009 S.J. Hill

Nat Cath QT: 1:57.50

VSIS QT: 2:02.34

| Name | Yr | School | Seed Time | Finals Time | Points |
|---------------------|-------|----------------------------------|-----------|-------------|--------|
| 1 Houle, Jake | | Notre Dame Academy Swim Team | 2:15.00 | 2:03.67 | |
| 28.19 30.17 32.00 | 33.31 | | | | |
| 2 Smith, Jamie | 8 | Seton School | 2:19.83 | 2:10.82 | |
| 29.54 32.84 35.16 | 33.28 | | | | |
| 3 Koehr, Brendan | JR | Seton School | 2:26.75 | 2:16.80 | |
| 28.72 34.46 37.17 | 36.45 | | | | |
| 4 Mahoney, Bailey | | Wakefield School Fighting Owls-1 | 2:38.68 | 2:19.33 | |
| 31.06 34.50 37.52 | 36.25 | | | | |
| 5 Smedley, Curtis | | Notre Dame Academy Swim Team | 2:45.00 | 2:40.22 | |
| 32.37 41.43 41.94 | 44.48 | | | | |
| 6 Lambrecht, David | FR | Seton School | 3:04.78 | 2:49.56 | |
| 36.63 42.23 45.97 | 44.73 | | | | |
| 7 Collins, Michael | SO | Seton School | 2:51.20 | 2:52.28 | |
| 34.23 42.30 46.87 | 48.88 | | | | |
| 8 Savage, Nick | JR | Highland School-VA | NT | 2:53.58 | |
| 41.16 44.59 45.92 | 41.91 | | | | |
| 9 Salley, Steven | SO | Highland School-VA | NT | 3:09.79 | |
| | 50.29 | | | | |
| --- Rodgers, Jacob | | Highland School-VA | NT | X2:55.85 | |
| 35.41 44.95 50.13 | 45.36 | | | | |
| --- Mosimann, James | FR | Seton School | NT | X2:59.78 | |
| 34.60 44.50 50.72 | 49.96 | | | | |

SSTvWAKE-HIGH-QMHS-RCS-NDA12-12-09 - 12/12/2009**Results - SST Meet Dec 12-2009****(Event 3 Boys 200 Yard Freestyle)**

| Name | Yr | School | Seed Time | Finals Time | Points |
|---|----|--------------------|-----------|-------------|--------|
| --- Peterson, Andrew 42.69 50.74 57.21 | FR | Highland School-VA | NT | DQ | |

Event 4 Girls 200 Yard Freestyle**SST Record: 1:55.74 2/18/2000 K. Shipko****Nat Cath QT: 2:15.50****VSIS QT: 2:15.81**

| Name | Yr | School | Seed Time | Finals Time | Points |
|--|----|------------------------------|-----------|-------------|--------|
| 1 Donohoe, Lauren 29.34 32.09 32.65 33.83 | JR | Seton School | 2:03.52 | 2:07.91 | |
| 2 Bennett, Lucy 33.49 38.28 40.51 39.34 | SO | Seton School | 2:34.41 | 2:31.62 | |
| 3 Houle, Morgan 33.79 38.90 40.97 39.21 | | Notre Dame Academy Swim Team | 2:25.00 | 2:32.87 | |
| 4 Lowell, Hannah 35.91 42.05 43.83 41.55 | SR | Seton School | 2:50.75 | 2:43.34 | |
| 5 Cummings, Judith 38.84 44.33 46.87 44.66 | SO | Seton School | 2:56.73 | 2:54.70 | |
| 6 Gilmore, Courtney 38.65 52.98 1:00.67 1:00.37 | | Notre Dame Academy Swim Team | 3:15.00 | 3:32.67 | |
| --- Kerns, Shannon 34.59 41.08 45.09 43.22 | FR | Seton School | 2:58.08 | X2:43.98 | |
| --- Diaz, Jessica | | Highland School-VA | NT | NS | |

Event 5 Boys 200 Yard IM**SST Record: 1:54.70 2/17/2008 N. Cook****Nat Cath QT: 2:14.00****VSIS QT: 2:24.15**

| Name | Yr | School | Seed Time | Finals Time | Points |
|---|----|--------------------------------|-----------|-------------|--------|
| 1 Koehr, Daniel 29.11 36.26 41.68 35.85 | SR | Seton School | 2:15.00 | 2:22.90 | |
| 2 Coroban, Vitali 29.03 38.09 48.06 37.00 | SR | Highland School-VA | NT | 2:32.18 | |
| 3 Koehr, Patrick 36.69 40.12 48.48 37.94 | 8 | Seton School | NT | 2:43.23 | |
| 4 Moore, Sean 33.93 44.07 51.31 35.27 | 8 | Richmond Christian School-VA | NT | 2:44.58 | |
| 5 Rosato, Jonathan 37.07 42.71 47.65 39.15 | JR | Seton School | 2:50.62 | 2:46.58 | |
| 6 Mitchell, Derek 40.87 43.56 59.63 38.27 | | Quantico Middle High School-VA | NT | 3:02.33 | |
| 7 Nicholes, Matthew 38.91 46.29 52.75 46.97 | | Notre Dame Academy Swim Team | 3:15.00 | 3:04.92 | |
| 8 Kleb, Connor 42.76 55.10 55.48 41.93 | 8 | Seton School | NT | 3:15.27 | |
| --- Pechie, Paul 44.50 49.16 57.06 47.68 | 7 | Seton School | NT | X3:18.40 | |
| --- Rohan, Peter 44.00 1:00.61 1:02.60 53.69 | FR | Seton School | NT | X3:40.90 | |

SSTvWAKE-HIGH-QMHS-RCS-NDA12-12-09 - 12/12/2009**Results - SST Meet Dec 12-2009****Event 6 Girls 200 Yard IM****SST Record: 2:11.80 2/16/2008 J. Dunn****Nat Cath QT: 2:35.00****VSIS QT: 2:34.08**

| | <u>Name</u> | <u>Yr</u> | <u>School</u> | <u>Seed Time</u> | <u>Finals Time</u> | <u>Points</u> |
|-----|---------------------------|-----------|--------------------------------|------------------|--------------------|---------------|
| 1 | Doonis, Alex | SO | Seton School | 2:24.66 | 2:27.00 | |
| | 30.45 36.86 44.95 34.74 | | | | | |
| 2 | Talbott, Laura | SR | Seton School | 2:27.52 | 2:32.98 | |
| | 33.61 37.70 46.84 34.83 | | | | | |
| 3 | Cook, Keeley | FR | Seton School | 2:41.75 | 2:46.58 | |
| | 36.94 41.75 48.77 39.12 | | | | | |
| 4 | Byers, Monica | SO | Seton School | 2:49.01 | 2:51.25 | |
| | 14.00 22.29 40.57 1:34.39 | | | | | |
| 5 | Moore, Paige | | Quantico Middle High School-VA | NT | 3:39.82 | |
| | 44.92 54.17 1:09.97 50.76 | | | | | |
| --- | McGurk, Sarah | SO | Seton School | NT | X2:59.80 | |
| | 35.84 47.42 56.68 39.86 | | | | | |
| --- | Wittlinger, Mikey | FR | Seton School | NT | X3:07.58 | |
| | 39.34 47.64 56.53 44.07 | | | | | |
| --- | Houle, Nicole | | Notre Dame Academy Swim Team | 2:35.00 | NS | |

Event 7 Boys 50 Yard Freestyle**SST Record: 21.90 12/20/2008 S.J. Hill****Nat Cath QT: 24.50****VSIS QT: 24.05**

| | <u>Name</u> | <u>Yr</u> | <u>School</u> | <u>Seed Time</u> | <u>Finals Time</u> | <u>Points</u> |
|-----|------------------|-----------|--------------------------------|------------------|--------------------|---------------|
| 1 | Basinger, David | JR | Seton School | 24.44 | 23.68 | |
| 2 | Cook, Connor | SR | Seton School | 24.36 | 24.21 | |
| 3 | Stover, Luke | FR | Quantico Middle High School-VA | NT | 26.47 | |
| 4 | O'Heir, Michael | 10 | Wakfield Country Day School | NT | 26.49 | |
| 5 | Mancini, Carmine | SO | Quantico Middle High School-VA | NT | 27.55 | |
| 6 | Murphy, Timothy | 8 | Seton School | 29.27 | 28.13 | |
| 7 | Ray, Jake | FR | Richmond Christian School-VA | 29.33 | 28.23 | |
| 8 | Smedley, Curtis | | Notre Dame Academy Swim Team | 30.00 | 28.82 | |
| 9 | Hill, Michael | SO | Seton School | 29.88 | 29.32 | |
| 10 | Sherman, Kevin | | Notre Dame Academy Swim Team | 30.50 | 29.45 | |
| 11 | Chumley, George | JR | Richmond Christian School-VA | 30.09 | 30.16 | |
| 12 | Alto, Ashton | FR | Highland School-VA | NT | 30.49 | |
| 13 | Silva, Patrick | JR | Highland School-VA | NT | 30.74 | |
| 14 | Dimoff, David | | Notre Dame Academy Swim Team | 34.00 | 31.45 | |
| 15 | Kinser, Anthony | FR | Richmond Christian School-VA | 32.88 | 32.94 | |
| 16 | Graves, Griffin | | Notre Dame Academy Swim Team | 35.00 | 34.12 | |
| 17 | McWilliams, Tim | FR | Quantico Middle High School-VA | NT | 35.25 | |
| 18 | Gustafson, Leif | | Notre Dame Academy Swim Team | 38.00 | x36.86 | |
| 19 | Furiak, Alec | | Quantico Middle High School-VA | NT | 37.74 | |
| 20 | Kinser, Ryan | JR | Richmond Christian School-VA | 38.84 | 38.90 | |
| 21 | Conruyt, Romain | | Quantico Middle High School-VA | NT | x43.64 | |
| 22 | Heim, Raphael | | Notre Dame Academy Swim Team | 36.00 | x45.63 | |
| 23 | Garcia, John | FR | Quantico Middle High School-VA | NT | x46.27 | |
| 24 | Erba, David | | Notre Dame Academy Swim Team | 45.00 | x53.43 | |
| --- | Minarik, Andrew | SR | Seton School | 30.38 | X30.49 | |
| --- | Scheetz, Joseph | JR | Seton School | 34.32 | X32.48 | |
| --- | Kleb, Rocky | JR | Seton School | 32.62 | X32.74 | |
| --- | Corkery, Jack | FR | Seton School | 36.70 | X33.45 | |

SSTvWAKE-HIGH-QMHS-RCS-NDA12-12-09 - 12/12/2009**Results - SST Meet Dec 12-2009****(Event 7 Boys 50 Yard Freestyle)**

| Name | Yr | School | Seed Time | Finals Time | Points |
|-------------------------|----|--|-----------|-------------|--------|
| --- Quinn, Lucas | | Wakefield School Fighting Owls- ¹ | 37.78 | X34.59 | |
| --- Quinan, Peter | FR | Seton School | 38.72 | X35.57 | |
| --- Van de Voorde, Jude | 7 | Seton School | 39.84 | X36.69 | |
| --- Mosimann, Paul | 7 | Seton School | 44.06 | X38.96 | |
| --- Geiran, Jack | FR | Seton School | 44.14 | X41.23 | |
| --- Hilleary, Pat | SO | Seton School | NT | X50.16 | |
| --- Mahoney, Bailey | | Wakefield School Fighting Owls- ¹ | 27.66 | DQ | |
| --- Yoo, Jimmy | | Notre Dame Academy Swim Team | 33.50 | NS | |
| --- Hall, Patrick | JR | Seton School | 46.29 | XNS | |

Event 8 Girls 50 Yard Freestyle

SST Record: 24.72 2/13/2009 A. Doonis

Nat Cath QT: 28.50

VSIS QT: 27.37

| Name | Yr | School | Seed Time | Finals Time | Points |
|------------------------|----|--|-----------|-------------|--------|
| 1 Mulvey, Madison | 8 | Wakfield Country Day School | 28.50 | 28.06 | |
| 2 Lambrecht, Rachel | JR | Seton School | 30.11 | 30.25 | |
| 3 Weimer, Kate | FR | Wakefield School Fighting Owls- ¹ | 31.00 | 30.33 | |
| 4 Stiehm, Claire | | Wakefield School Fighting Owls- ¹ | 32.90 | 30.34 | |
| 5 Cole, Rachel | JR | Wakefield School Fighting Owls- ¹ | 30.53 | 30.50 | |
| 6 Dodson, Sydney | JR | Highland School-VA | NT | 30.59 | |
| 7 Staneart, Kellyn | FR | Richmond Christian School-VA | 29.52 | 30.60 | |
| 8 Wunderly, Bernadette | FR | Seton School | 32.09 | 32.02 | |
| 9 Hutcheson, Haleigh | SO | Wakefield School Fighting Owls- ¹ | 36.15 | 32.09 | |
| 10 Sinner, Daniela | SR | Seton School | 31.73 | 32.21 | |
| 11 Zontine, Hannah | FR | Wakefield School Fighting Owls- ¹ | 36.58 | x32.32 | |
| 12 Mosimann, Monica | JR | Seton School | 31.15 | 32.45 | |
| 13 Stirrup, Sarah | SO | Wakefield School Fighting Owls- ¹ | 37.03 | x34.28 | |
| 14 Simon, Alex | FR | Wakefield School Fighting Owls- ¹ | 47.15 | x37.28 | |
| 15 Wenner, Melanie | 8 | Richmond Christian School-VA | 37.91 | 37.29 | |
| 16 York, Sammi | | Notre Dame Academy Swim Team | 38.00 | 37.43 | |
| 17 Klainer, Lili | | Notre Dame Academy Swim Team | NT | 37.58 | |
| 18 Martin, Rachel | SO | Wakefield School Fighting Owls- ¹ | 41.65 | x38.21 | |
| 19 Moreno, Perri | SO | Quantico Middle High School-VA | NT | 40.05 | |
| 20 Gilmore, Courtney | | Notre Dame Academy Swim Team | 38.00 | 40.10 | |
| 21 Fortney, Julie | SO | Wakefield School Fighting Owls- ¹ | 42.97 | x40.62 | |
| 22 Gunberg, Emily | FR | Wakefield School Fighting Owls- ¹ | 46.25 | x40.71 | |
| 23 Ray, Jamie | SR | Richmond Christian School-VA | NT | 40.88 | |
| 24 Diaz-Aleman, Alex | FR | Wakefield School Fighting Owls- ¹ | 45.09 | x41.62 | |
| 25 Rew, Kaysie | SO | Quantico Middle High School-VA | NT | 42.07 | |
| 26 Bernabeau, Alex | | Notre Dame Academy Swim Team | NT | 50.34 | |
| 27 Brown, Emily | FR | Wakefield School Fighting Owls- ¹ | 55.87 | x50.91 | |
| 28 Anderson, Shai | | Quantico Middle High School-VA | NT | 58.90 | |
| 29 Bowen, Anna | FR | Quantico Middle High School-VA | NT | 1:21.85 | |
| --- Marrazzo, Sally | 7 | Seton School | NT | X33.99 | |
| --- Fusco, Emilia | JR | Seton School | 36.22 | X36.09 | |
| --- Fusco, Sophia | 8 | Seton School | 38.11 | X36.98 | |
| --- Seoh, Fiona | 8 | Seton School | 40.92 | X38.74 | |
| --- Salas, Ali | FR | Seton School | 38.71 | X39.47 | |

SSTvWAKE-HIGH-QMHS-RCS-NDA12-12-09 - 12/12/2009**Results - SST Meet Dec 12-2009****Event 11 Boys 100 Yard Butterfly****SST Record: 52.71 1/10/2009 S.J. Hill****Nat Cath QT: 58.50****VSIS QT: 1:02.60**

| | Name | Yr | School | Seed Time | Finals Time | Points |
|-----|----------------------------------|-----------|--------------------------------|------------------|--------------------|---------------|
| 1 | Houle, Jake 28.13 33.08 | | Notre Dame Academy Swim Team | 1:05.00 | 1:01.21 | |
| 2 | Smith, Jamie 13.19 57.17 | 8 | Seton School | 1:15.25 | 1:10.36 | |
| 3 | Coroban, Vitali 31.88 39.91 | SR | Highland School-VA | NT | 1:11.79 | |
| 4 | Kenna, Patrick 33.22 41.82 | JR | Seton School | 1:28.74 | 1:15.04 | |
| 5 | O'Heir, Conor 31.45 44.59 | 9 | Wakfield Country Day School | NT | 1:16.04 | |
| 6 | Verry, Matthew 34.51 43.50 | JR | Seton School | 1:23.81 | 1:18.01 | |
| 7 | Stover, Luke 33.87 44.54 | FR | Quantico Middle High School-VA | NT | 1:18.41 | |
| 8 | Kenna, Joseph 16.83 1:01.67 | 8 | Seton School | 1:25.72 | 1:18.50 | |
| 9 | Kulick, Nicholas 39.58 57.16 | | Highland School-VA | NT | 1:36.74 | |
| 10 | Tahrawi, Ryan 44.25 56.83 | | Highland School-VA | NT | 1:41.08 | |
| --- | Kleb, Connor 44.02 49.34 | 8 | Seton School | NT | X1:33.36 | |
| --- | Mosimann, James 41.49 54.36 | FR | Seton School | NT | X1:35.85 | |
| --- | Mancini, Carmine 34.38 47.26 | SO | Quantico Middle High School-VA | NT | DQ | |
| --- | Nicholes, Matthew 41.07 47.67 | | Notre Dame Academy Swim Team | 1:55.00 | DQ | |

Event 12 Girls 100 Yard Butterfly**SST Record: 1:02.21 12/1/2007 J, Dunn****Nat Cath QT: 1:10.50****VSIS QT: 1:09.83**

| | Name | Yr | School | Seed Time | Finals Time | Points |
|-----|---------------------------------|-----------|--------------------------------|------------------|--------------------|---------------|
| 1 | Doonis, Alex 31.55 36.05 | SO | Seton School | 1:08.31 | 1:07.60 | |
| 2 | Zapiain, Sarah 34.10 42.07 | SO | Seton School | 1:17.47 | 1:16.17 | |
| 3 | Houle, Morgan 35.71 47.07 | | Notre Dame Academy Swim Team | 1:20.00 | 1:22.78 | |
| 4 | Cook, Keeley 38.65 44.34 | FR | Seton School | 1:19.66 | 1:22.99 | |
| 5 | Miller, Vivienne 40.19 43.01 | SO | Highland School-VA | NT | 1:23.20 | |
| 6 | Omura, Yuki 39.53 46.21 | FR | Quantico Middle High School-VA | NT | 1:25.74 | |
| --- | Heim, Sarah 41.30 53.42 | 8 | Seton School | NT | X1:34.72 | |
| --- | Verry, Theresa | FR | Seton School | NT | NS | |

SSTvWAKE-HIGH-QMHS-RCS-NDA12-12-09 - 12/12/2009**Results - SST Meet Dec 12-2009****Event 13 Boys 100 Yard Freestyle****SST Record: 45.76 1/31/2009 S. J. Hill****Nat Cath QT: 53.00****VSIS QT: 53.56**

| | <u>Name</u> | <u>Yr</u> | <u>School</u> | <u>Seed Time</u> | <u>Finals Time</u> | <u>Points</u> |
|-----|---------------------------------|-----------|--|------------------|--------------------|---------------|
| 1 | Basinger, David 25.47 26.82 | JR | Seton School | 52.81 | 52.29 | |
| 2 | Cook, Connor 25.64 26.99 | SR | Seton School | 51.92 | 52.63 | |
| 3 | Koehr, Brendan 27.37 30.05 | JR | Seton School | 1:02.30 | 57.42 | |
| 4 | Murphy, Timothy 29.83 33.29 | 8 | Seton School | 1:03.91 | 1:03.12 | |
| 5 | Moore, Sean 30.93 32.94 | 8 | Richmond Christian School-VA | 1:04.25 | 1:03.87 | |
| 6 | Moore, Eric 31.11 34.73 | SO | Richmond Christian School-VA | 1:05.61 | 1:05.84 | |
| 7 | Martin, Thoreau 33.57 37.67 | JR | Wakefield School Fighting Owls- ¹ | 1:26.92 | 1:11.24 | |
| 8 | Fletcher, Nick 33.54 38.42 | | Notre Dame Academy Swim Team | 1:12.00 | 1:11.96 | |
| 9 | Ray, Jake 35.22 39.05 | FR | Richmond Christian School-VA | NT | 1:14.27 | |
| 10 | Sherman, Chris 34.50 39.91 | | Notre Dame Academy Swim Team | 1:18.00 | 1:14.41 | |
| 11 | Dimoff, David 35.20 40.09 | | Notre Dame Academy Swim Team | 1:19.00 | 1:15.29 | |
| 12 | Sherman, Kevin 34.80 41.12 | | Notre Dame Academy Swim Team | 1:12.00 | 1:15.92 | |
| 13 | Alto, Peyton 36.01 43.83 | JR | Highland School-VA | NT | 1:19.84 | |
| 14 | Graves, Griffin 36.68 46.18 | | Notre Dame Academy Swim Team | 1:40.00 | x1:22.86 | |
| 15 | Bowman, William 37.01 45.98 | FR | Highland School-VA | NT | 1:22.99 | |
| 16 | Kinser, Ryen 44.23 47.91 | JR | Richmond Christian School-VA | 1:37.84 | 1:32.14 | |
| --- | Bliss, Kevin 30.30 33.51 | SO | Seton School | 1:06.19 | X1:03.81 | |
| --- | Marrazzo, Luke 30.64 34.36 | FR | Seton School | NT | X1:05.00 | |
| --- | Hill, Michael 31.17 35.82 | SO | Seton School | 1:07.13 | X1:06.99 | |
| --- | Rodgers, Jacob 36.68 41.54 | | Highland School-VA | NT | X1:18.22 | |
| --- | Kulick, Nicholas 38.47 44.17 | | Highland School-VA | NT | X1:22.64 | |
| --- | Salley, Steven | SO | Highland School-VA | NT | X1:23.43 | |
| --- | Treuting, Jacob 38.28 45.87 | FR | Highland School-VA | NT | X1:24.15 | |
| --- | Geiran, Jack 44.15 49.89 | FR | Seton School | 1:38.80 | X1:34.04 | |
| --- | Mosimann, Paul 46.41 1:01.82 | 7 | Seton School | 1:46.73 | X1:48.23 | |

SSTvWAKE-HIGH-QMHS-RCS-NDA12-12-09 - 12/12/2009**Results - SST Meet Dec 12-2009****(Event 13 Boys 100 Yard Freestyle)**

| Name | Yr | School | Seed Time | Finals Time | Points |
|------------------------------------|----|--------------------|-----------|-------------|--------|
| --- Hilleary, Pat 54.78 1:08.70 | SO | Seton School | NT | X2:03.48 | |
| --- Hall, Patrick | JR | Seton School | 1:55.18 | XNS | |
| --- Silva, Patrick | JR | Highland School-VA | NT | NS | |
| --- Zielinski, Paul | FR | Highland School-VA | NT | XNS | |

Event 14 Girls 100 Yard FreestyleSST Record: **54.15** 2/13/2009 L. DonohoeNat Cath QT: **1:01.50**VSIS QT: **1:00.26**

| Name | Yr | School | Seed Time | Finals Time | Points |
|---------------------------------------|----|--|-----------|-------------|--------|
| 1 Talbott, Laura 28.76 31.50 | SR | Seton School | 58.97 | 1:00.26 | |
| 2 Mulvey, Madison 29.60 31.65 | 8 | Wakfield Country Day School | 1:02.00 | 1:01.25 | |
| 3 Lambrecht, Rachel 31.91 35.83 | JR | Seton School | 1:06.37 | 1:07.74 | |
| 4 Stiehm, Claire 13.28 57.91 | | Wakefield School Fighting Owls- ¹ | 1:20.00 | 1:11.19 | |
| 5 Wunderly, Bernadette 13.08 58.52 | FR | Seton School | 1:10.80 | 1:11.60 | |
| 6 Zapiain, Leslie 34.24 37.73 | JR | Seton School | 1:09.29 | 1:11.97 | |
| 7 Staneart, Kellyn 33.67 38.47 | FR | Richmond Christian School-VA | NT | 1:12.14 | |
| 8 Omura, Yuki 35.16 37.21 | FR | Quantico Middle High School-VA | NT | 1:12.37 | |
| 9 Wenner, Melanie 41.21 44.53 | 8 | Richmond Christian School-VA | NT | 1:25.74 | |
| 10 Mullins, Elizabeth 43.05 44.98 | SO | Quantico Middle High School-VA | NT | 1:28.03 | |
| 11 Dickson, Marianna 41.43 49.77 | FR | Wakefield School Fighting Owls- ¹ | 1:41.81 | 1:31.20 | |
| 12 Klainer, Lili 43.14 52.48 | | Notre Dame Academy Swim Team | NT | 1:35.62 | |
| 13 Fortney, Julie 43.80 52.75 | SO | Wakefield School Fighting Owls- ¹ | 1:54.50 | 1:36.55 | |
| 14 Shevock, Kelsey 38.53 59.70 | | Notre Dame Academy Swim Team | 1:30.00 | 1:38.23 | |
| 15 Gergely, Kathleen 46.46 55.20 | JR | Highland School-VA | NT | 1:41.66 | |
| --- Lowell, Emily 33.49 38.25 | 8 | Seton School | 1:12.83 | X1:11.74 | |
| --- Murphy, Maggie 35.65 42.31 | SO | Seton School | 1:13.08 | X1:17.96 | |
| --- Geiran, Fiona | 7 | Seton School | NT | X1:23.78 | |
| --- Seoh, Fiona 41.89 48.03 | 8 | Seton School | NT | X1:29.92 | |
| --- Ray, Jamie 44.08 53.11 | SR | Richmond Christian School-VA | NT | DQ | |
| --- Crowder, Kayla | 7 | Richmond Christian School-VA | NT | XNS | |
| --- Freeman, Courtney | | Notre Dame Academy Swim Team | NT | NS | |

SSTvWAKE-HIGH-QMHS-RCS-NDA12-12-09 - 12/12/2009**Results - SST Meet Dec 12-2009****Event 15 Boys 500 Yard Freestyle****SST Record: 4:29.41 2/13/2009 S.J. Hill****Nat Cath QT: 5:20.00****VSIS QT: 5:40.76**

| | Name | | Yr | School | | | | Seed Time | Finals Time | Points |
|-----|------------------|-------|-----------|--------------------|---------|-------|---------|------------------|--------------------|---------------|
| 1 | Koehr, Patrick | | 8 | Seton School | | | | NT | 6:34.95 | |
| | 32.52 | 38.55 | 39.95 | 39.38 | 40.83 | 41.33 | 40.45 | 41.03 | | |
| | 41.07 | 39.84 | | | | | | | | |
| 2 | Lambrecht, David | | FR | Seton School | | | | 8:04.24 | 7:47.31 | |
| | 39.72 | 47.09 | 46.67 | 47.53 | 1:36.16 | 48.61 | 1:37.09 | 44.44 | | |
| 3 | Collins, Michael | | SO | Seton School | | | | NT | 7:50.16 | |
| | 35.83 | 42.53 | 47.29 | 49.34 | 47.94 | 49.07 | 50.11 | 50.65 | | |
| | 51.78 | 45.62 | | | | | | | | |
| 4 | Kleb, Rocky | | JR | Seton School | | | | 8:00.27 | 8:03.15 | |
| | 40.19 | 45.26 | 48.01 | 48.85 | 48.06 | 51.81 | 51.10 | 50.35 | | |
| | 52.41 | 47.11 | | | | | | | | |
| 5 | Savage, Nick | | JR | Highland School-VA | | | | NT | 8:05.65 | |
| | 41.06 | 45.98 | 47.74 | 48.30 | 50.09 | 49.67 | 51.67 | 54.23 | | |
| | 52.40 | 44.51 | | | | | | | | |
| --- | Rohan, Peter | | FR | Seton School | | | | NT | X8:51.83 | |
| | 42.64 | 52.69 | 53.61 | 54.99 | 57.10 | 55.22 | 57.31 | 56.41 | | |
| | 53.12 | 48.74 | | | | | | | | |
| --- | Pechie, Paul | | 7 | Seton School | | | | NT | XNS | |

Event 16 Girls 500 Yard Freestyle**SST Record: 5:06.98 2/1/1999 K. Shipko****Nat Cath QT: 5:40.00****VSIS QT: 6:09.52**

| | Name | | Yr | School | | | | Seed Time | Finals Time | Points |
|-----|-------------------|-------|-----------|----------------------------------|---------|-------|-------|------------------|--------------------|---------------|
| 1 | Bennett, Lucy | | SO | Seton School | | | | 6:58.42 | 6:42.19 | |
| | 33.53 | 38.39 | 40.36 | 40.51 | 41.80 | 42.09 | 43.00 | 42.51 | | |
| | 41.62 | 38.38 | | | | | | | | |
| 2 | Cole, Rachel | | JR | Wakefield School Fighting Owls-1 | | | | 7:12.66 | 6:49.63 | |
| | 35.19 | 39.94 | 41.30 | 41.82 | 43.09 | 42.44 | 42.80 | 42.80 | | |
| | 42.01 | 38.24 | | | | | | | | |
| 3 | Houle, Nicole | | | Notre Dame Academy Swim Team | | | | NT | 6:51.61 | |
| | 34.03 | 38.86 | 41.28 | 41.95 | 42.45 | 43.31 | 43.47 | 43.59 | | |
| | 42.84 | 39.83 | | | | | | | | |
| 4 | Byers, Monica | | SO | Seton School | | | | 7:14.33 | 6:59.61 | |
| | 35.36 | 40.35 | 42.55 | 43.47 | 43.48 | 43.62 | 43.93 | 43.03 | | |
| | 43.70 | 40.12 | | | | | | | | |
| 5 | Zapiain, Sarah | | SO | Seton School | | | | 6:45.75 | 7:03.65 | |
| | 35.86 | 40.42 | 43.08 | 43.94 | 44.17 | 43.12 | 42.89 | 44.70 | | |
| | 44.34 | 41.13 | | | | | | | | |
| 6 | Diaz, Jessica | | | Highland School-VA | | | | NT | 7:06.90 | |
| | 36.30 | 41.17 | 43.08 | 2:13.11 | 2:11.87 | 41.37 | | | | |
| 7 | Lowell, Hannah | | SR | Seton School | | | | 7:34.74 | 7:29.26 | |
| | 37.90 | 42.84 | 44.46 | 45.65 | 45.58 | 46.83 | 47.58 | 47.26 | | |
| | 46.67 | 44.49 | | | | | | | | |
| --- | Wittlinger, Mikey | | FR | Seton School | | | | NT | X7:28.70 | |
| | 38.08 | 44.12 | 46.03 | 47.07 | 47.05 | 45.90 | 46.35 | 46.29 | | |
| | 46.26 | 41.55 | | | | | | | | |
| --- | Kerns, Shannon | | FR | Seton School | | | | NT | X7:29.14 | |
| | 37.12 | 42.71 | 45.15 | 46.09 | 46.87 | 47.20 | 47.18 | 47.93 | | |
| | 46.74 | 42.15 | | | | | | | | |

SSTvWAKE-HIGH-QMHS-RCS-NDA12-12-09 - 12/12/2009**Results - SST Meet Dec 12-2009****(Event 16 Girls 500 Yard Freestyle)**

| Name | Yr | School | Seed Time | Finals Time | Points |
|----------------|-------|--------------|-----------|-------------|--------|
| --- Salas, Ali | FR | Seton School | NT | X9:16.56 | |
| 44.16 | 52.69 | 56.23 | 56.91 | 59.04 | 59.38 |
| 59.12 | 56.65 | | | | |
| 56.51 | 55.87 | | | | |

Event 17 Boys 200 Yard Freestyle Relay**SST Record: 1:33.21 2/17/2008 Cook, Koehr, Cook, Koehr****Nat Cath QT: 1:37.00****VSIS QT: 1:42.24**

| Team | Relay | Seed Time | Finals Time | Points |
|--------------------------------|--------------------------|-----------------------|------------------------|--------|
| 1 Seton School | A | 1:40.40 | 1:39.69 | |
| 1) Koehr, Daniel SR | 2) Kenna, Patrick JR | 3) Basinger, David JR | 4) Cook, Connor SR | |
| 24.41 | 26.03 | 24.23 | 25.02 | |
| 2 Seton School | B | 1:58.74 | 1:52.50 | |
| 1) Koehr, Brendan JR | 2) Murphy, Timothy 8 | 3) Minarik, Andrew SR | 4) Bliss, Kevin SO | |
| 25.42 | 27.97 | 30.69 | 28.42 | |
| 3 Notre Dame Academy Swim | A | NT | 1:52.98 | |
| 1) Houle, Jake | 2) Sherman, Kevin | 3) Fletcher, Nick | 4) Smedley, Curtis | |
| 25.31 | 29.44 | 29.54 | 28.69 | |
| 4 Richmond Christian School-V | A | 1:55.94 | 1:55.47 | |
| 1) Ray, Jake FR | 2) Chumley, George JR | 3) Moore, Eric SO | 4) Moore, Sean 8 | |
| 29.10 | 30.73 | 28.72 | 26.92 | |
| 5 Wakefield School Fighting Ov | A | NT | 2:04.99 | |
| 1) Martin, Thoreau JR | 2) Quinn, Lucas | 3) Dolan, Phillip FR | 4) Mahoney, Bailey | |
| 30.25 | 33.53 | 16.75 | 44.46 | |
| 6 Quantico Middle High School | A | NT | 2:06.68 | |
| 1) Mitchell, Derek | 2) Mancini, Carmine SO | 3) Furiak, Alec | 4) Stover, Luke FR | |
| 31.46 | 28.99 | 38.31 | 27.92 | |
| 7 Highland School-VA | A | NT | 2:12.31 | |
| 1) Alto, Ashton FR | 2) Kulick, Nicholas | 3) Rodgers, Jacob | 4) Savage, Nick JR | |
| 32.05 | 33.28 | 34.86 | 32.12 | |
| 8 Notre Dame Academy Swim | B | NT | 2:47.07 | |
| 1) Yoo, Jimmy | 2) Heim, Raphael | 3) Erba, David | 4) Gustafson, Leif | |
| 51.56 | 34.42 | 45.81 | 35.28 | |
| --- Highland School-VA | B | NT | X2:15.32 | |
| 1) Bowman, William FR | 2) Salley, Steven SO | 3) Treuting, Jacob FR | 4) Zielinski, Paul FR | |
| 36.07 | 33.59 | 34.81 | 30.85 | |
| --- Seton School | E | 2:21.63 | X2:18.94 | |
| 1) Lambrecht, David FR | 2) Rohan, Peter FR | 3) Quinan, Peter FR | 4) Scheetz, Joseph JR | |
| 33.87 | 35.12 | 28.79 | 41.16 | |
| --- Seton School | D | 2:14.23 | X2:25.10 | |
| 1) Pechie, Paul 7 | 2) Mosimann, James FR | 3) Kleb, Connor 8 | 4) Mosimann, Paul 7 | |
| 35.70 | 33.79 | 34.15 | 41.46 | |
| --- Seton School | F | 2:48.91 | X2:51.38 | |
| 1) Geiran, Jack FR | 2) Van de Voorde, Jude 7 | 3) Corkery, Jack FR | 4) Hilleary, Pat SO | |
| 43.79 | 16.73 | 21.72 | 1:29.14 | |
| --- Seton School | C | 2:07.43 | XDQ | |
| 1) Verry, Matthew JR | 2) Marrazzo, Luke FR | 3) Kleb, Rocky JR | 4) Rosato, Jonathan JR | |
| 30.59 | 27.26 | 35.92 | 30.20 | |

SSTvWAKE-HIGH-QMHS-RCS-NDA12-12-09 - 12/12/2009**Results - SST Meet Dec 12-2009****Event 18 Girls 200 Yard Freestyle Relay****SST Record: 1:40.99 2/13/2009 Doonis,Rogers,Talbott,Donohoe****Nat Cath QT: 1:48.50****VSIS QT: 1:55.34**

| Team | Relay | Seed Time | Finals Time | Points |
|---|---------------------------------|----------------------------|-------------------------|---------------|
| 1 Seton School | A | 1:54.98 | 1:59.79 | |
| 1) Doonis, Alex SO 27.41 30.86 30.88 | 2) Zapiain, Sarah SO 30.64 | 3) Cook, Keeley FR | 4) Bennett, Lucy SO | |
| 2 Wakefield School Fighting Owl | A | 2:30.00 | 2:04.51 | |
| 1) Weimer, Kate FR 30.98 32.03 30.26 | 2) Stiehm, Claire 31.24 | 3) Hutcheson, Haleigh SO | 4) Cole, Rachel JR | |
| 3 Notre Dame Academy Swim Team | A | NT | 2:09.21 | |
| 1) Houle, Nicole 38.68 31.25 30.06 | 2) Bernabeau, Alex 29.22 | 3) Gilmore, Courtney | 4) Houle, Morgan | |
| 4 Seton School | B | 2:06.25 | 2:10.98 | |
| 1) Mosimann, Monica JR 32.36 34.32 32.22 | 2) Murphy, Maggie SO 32.08 | 3) Wunderly, Bernadette FR | 4) Sinner, Daniela SR | |
| 5 Highland School-VA | A | NT | 2:18.49 | |
| 1) Diaz, Jessica 44.04 20.27 16.50 | 2) Dodson, Sydney JR 57.68 | 3) Gergely, Kathleen JR | 4) Miller, Vivienne SO | |
| 6 Wakefield School Fighting Owl | B | NT | 2:19.91 | |
| 1) Zontine, Hannah FR 35.57 33.45 36.68 | 2) Stirrup, Sarah SO 34.21 | 3) Gorman, Jackie FR | 4) Martin, Rachel SO | |
| 7 Quantico Middle High School | A | NT | 2:25.21 | |
| 1) Mullins, Elizabeth SO 38.62 19.09 21.92 | 2) Moreno, Perri SO 1:05.58 | 3) Moore, Paige | 4) Omura, Yuki FR | |
| --- Seton School | C | 2:17.34 | X2:16.34 | |
| 1) Cummings, Judith SO 33.75 33.59 33.71 | 2) Kerns, Shannon FR 35.29 | 3) Wittlinger, Mikey FR | 4) Fusco, Emilia JR | |
| --- Seton School | D | 2:19.28 | X2:16.92 | |
| 1) Heim, Sarah 8 33.87 33.27 33.44 | 2) Lowell, Emily 8 36.34 | 3) Marrazzo, Sally 7 | 4) Fusco, Sophia 8 | |
| --- Seton School | E | 2:21.96 | X2:24.38 | |
| 1) Verry, Theresa FR 32.70 16.28 18.10 | 2) Lowell, Hannah SR 1:17.30 | 3) Geiran, Fiona 7 | 4) Salas, Ali FR | |
| --- Wakefield School Fighting Owl | C | NT | DQ | |
| 1) Simon, Alex FR 37.14 16.03 34.19 | 2) Brown, Emily FR 1:31.15 | 3) Gilmore, Caitlin FR | 4) Diaz-Aleman, Alex FR | |
| --- Richmond Christian School-VA | A | 2:07.85 | NS | |
| 1) Crowder, Kayla 7 | 2) Wenner, Melanie 8 | 3) Ray, Jamie SR | 4) Stanearth, Kellyn FR | |

Event 19 Boys 100 Yard Backstroke**SST Record: 51.48 1/20/2006 K. Koehr****Nat Cath QT: 1:01.00****VSIS QT: 1:04.15**

| Name | Yr | School | Seed Time | Finals Time | Points |
|----------------------------------|-----------|--------------------------------|------------------|--------------------|---------------|
| 1 Koehr, Daniel 31.38 35.08 | SR | Seton School | 1:05.30 | 1:06.46 | |
| 2 Kenna, Patrick 33.82 37.68 | JR | Seton School | 1:08.89 | 1:11.50 | |
| 3 O'Heir, Conor 35.39 38.71 | 9 | Wakefield Country Day School | NT | 1:14.10 | |
| 4 Mitchell, Derek 38.10 39.61 | | Quantico Middle High School-VA | NT | 1:17.71 | |
| 5 Moore, Eric 39.24 41.01 | SO | Richmond Christian School-VA | 1:18.89 | 1:20.25 | |

SSTvWAKE-HIGH-QMHS-RCS-NDA12-12-09 - 12/12/2009**Results - SST Meet Dec 12-2009****(Event 19 Boys 100 Yard Backstroke)**

| Name | Yr | School | Seed Time | Finals Time | Points |
|-------------------------------------|----|--|-----------|-------------|--------|
| 6 Kenna, Joseph 39.11 44.98 | 8 | Seton School | 1:26.72 | 1:24.09 | |
| 7 Dolan, Phillip 41.86 44.95 | FR | Wakefield School Fighting Owls- ¹ | 1:41.13 | 1:26.81 | |
| 8 Quinn, Lucas | | Wakefield School Fighting Owls- ¹ | 1:51.28 | 1:28.38 | |
| 9 Sherman, Chris 45.43 50.19 | | Notre Dame Academy Swim Team | 1:32.00 | 1:35.62 | |
| 10 Treuting, Jacob 47.26 55.28 | FR | Highland School-VA | NT | 1:42.54 | |
| 11 Scheetz, Joseph 46.15 56.66 | JR | Seton School | 1:38.01 | 1:42.81 | |
| 12 Bowman, William 49.32 56.24 | FR | Highland School-VA | NT | 1:45.56 | |
| 13 Heim, Raphael 47.94 59.88 | | Notre Dame Academy Swim Team | 1:36.00 | 1:47.82 | |
| 14 Kinser, Anthony 53.82 1:04.20 | FR | Richmond Christian School-VA | NT | 1:58.02 | |
| --- Marrazzo, Luke 35.21 41.22 | FR | Seton School | NT | X1:16.43 | |
| --- Tahrawi, Ryan | | Highland School-VA | NT | NS | |
| --- Yoo, Jimmy | | Notre Dame Academy Swim Team | 1:35.00 | NS | |

Event 20 Girls 100 Yard BackstrokeSST Record: **1:00.04** 12/2/2008 **J. Dunn**Nat Cath QT: **1:10.00**VSIS QT: **1:10.24**

| Name | Yr | School | Seed Time | Finals Time | Points |
|-------------------------------------|----|--|-----------|-------------|--------|
| 1 Donohoe, Lauren 33.85 36.30 | JR | Seton School | 1:08.02 | 1:10.15 | |
| 2 Houle, Nicole 39.50 41.92 | | Notre Dame Academy Swim Team | 1:18.00 | 1:21.42 | |
| 3 Weimer, Kate 39.54 45.45 | FR | Wakefield School Fighting Owls- ¹ | 1:35.37 | 1:24.99 | |
| 4 Sinner, Daniela | SR | Seton School | 1:24.49 | 1:25.26 | |
| 5 Miller, Vivienne | SO | Highland School-VA | NT | 1:26.94 | |
| 6 McGurk, Sarah 41.83 45.72 | SO | Seton School | 1:23.67 | 1:27.55 | |
| 7 Zontine, Hannah 42.58 46.88 | FR | Wakefield School Fighting Owls- ¹ | 1:32.31 | 1:29.46 | |
| 8 Mosimann, Monica 43.26 47.44 | JR | Seton School | 1:27.09 | 1:30.70 | |
| 9 York, Sammi 47.23 51.31 | | Notre Dame Academy Swim Team | 1:48.00 | 1:38.54 | |
| 10 Gorman, Jackie 44.63 54.57 | FR | Wakefield School Fighting Owls- ¹ | 1:47.34 | 1:39.20 | |
| 11 Simon, Alex 45.02 56.16 | FR | Wakefield School Fighting Owls- ¹ | 2:06.15 | 1:41.18 | |
| 12 Moreno, Perri 51.64 53.98 | SO | Quantico Middle High School-VA | NT | 1:45.62 | |
| 13 Martin, Rachel 51.22 57.49 | SO | Wakefield School Fighting Owls- ¹ | 1:59.31 | x1:48.71 | |
| 14 Diaz-Aleman, Alex 52.40 58.01 | FR | Wakefield School Fighting Owls- ¹ | 1:54.82 | x1:50.41 | |

SSTvWAKE-HIGH-QMHS-RCS-NDA12-12-09 - 12/12/2009**Results - SST Meet Dec 12-2009****(Event 20 Girls 100 Yard Backstroke)**

| | <u>Name</u> | <u>Yr</u> | <u>School</u> | <u>Seed Time</u> | <u>Finals Time</u> | <u>Points</u> |
|-----|-------------------------------------|-----------|--|------------------|--------------------|---------------|
| 15 | Gunberg, Emily 51.21 1:06.63 | FR | Wakefield School Fighting Owls- ¹ | 1:56.66 | x1:57.84 | |
| 16 | Rew, Kaysie 1:00.82 1:11.86 | SO | Quantico Middle High School-VA | NT | 2:12.68 | |
| 17 | Gilmore, Caitlin 1:10.64 1:30.41 | FR | Wakefield School Fighting Owls- ¹ | 2:53.07 | x2:41.05 | |
| --- | Lowell, Emily 40.84 44.94 | 8 | Seton School | 1:27.27 | X1:25.78 | |
| --- | Marrazzo, Sally | 7 | Seton School | NT | X1:28.97 | |
| --- | Fusco, Sophia 46.05 53.52 | 8 | Seton School | 1:32.91 | X1:39.57 | |

Event 21 Boys 100 Yard Breaststroke**SST Record: 58.53 1/27/2007 N. Cook****Nat Cath QT: 1:07.50****VSIS QT: 1:12.32**

| | <u>Name</u> | <u>Yr</u> | <u>School</u> | <u>Seed Time</u> | <u>Finals Time</u> | <u>Points</u> |
|-----|------------------------------------|-----------|--|------------------|--------------------|---------------|
| 1 | O'Heir, Michael 34.75 41.76 | 10 | Wakfield Country Day School | NT | 1:16.51 | |
| 2 | Rosato, Jonathan 36.43 40.80 | JR | Seton School | 1:16.22 | 1:17.23 | |
| 3 | Minarik, Andrew 36.17 44.72 | SR | Seton School | 1:20.07 | 1:20.89 | |
| 4 | Verry, Matthew 38.48 44.24 | JR | Seton School | 1:24.38 | 1:22.72 | |
| 5 | Bliss, Kevin 39.49 47.66 | SO | Seton School | 1:30.55 | 1:27.15 | |
| 6 | Martin, Thoreau 39.46 48.31 | JR | Wakefield School Fighting Owls- ¹ | 1:45.04 | 1:27.77 | |
| 7 | Fletcher, Nick 40.82 49.99 | | Notre Dame Academy Swim Team | 1:32.00 | 1:30.81 | |
| 8 | Chumley, George 40.56 51.52 | JR | Richmond Christian School-VA | NT | 1:32.08 | |
| 9 | Alto, Ashton 45.47 52.27 | FR | Highland School-VA | NT | 1:37.74 | |
| 10 | Alto, Peyton 47.03 51.01 | JR | Highland School-VA | NT | 1:38.04 | |
| 11 | Conruyt, Romain 45.86 53.16 | | Quantico Middle High School-VA | NT | 1:39.02 | |
| 12 | Garcia, John 49.66 55.41 | FR | Quantico Middle High School-VA | NT | 1:45.07 | |
| 13 | Gustafson, Leif 49.81 1:10.59 | | Notre Dame Academy Swim Team | 1:40.00 | 2:00.40 | |
| --- | Quinan, Peter 43.39 52.41 | FR | Seton School | 1:39.26 | X1:35.80 | |
| --- | Van de Voorde, Jude 45.16 56.33 | 7 | Seton School | 1:45.72 | X1:41.49 | |
| --- | Zielinski, Paul 1:17.65 1:28.06 | FR | Highland School-VA | NT | X2:45.71 | |
| --- | Peterson, Andrew 50.45 55.18 | FR | Highland School-VA | NT | DQ | |
| --- | Dolan, Phillip 49.17 1:00.12 | FR | Wakefield School Fighting Owls- ¹ | 2:09.59 | DQ | |

SSTvWAKE-HIGH-QMHS-RCS-NDA12-12-09 - 12/12/2009**Results - SST Meet Dec 12-2009****Event 22 Girls 100 Yard Breaststroke****SST Record: 1:09.57 2/1/1998 K. Shipko****Nat Cath QT: 1:18.00****VSIS QT: 1:18.28**

| <u>Name</u> | <u>Yr</u> | <u>School</u> | <u>Seed Time</u> | <u>Finals Time</u> | <u>Points</u> |
|--|-----------|--|------------------|--------------------|---------------|
| 1 Bernabeau, Alex 37.77 44.76 | | Notre Dame Academy Swim Team | 1:25.00 | 1:22.53 | |
| 2 Hutcheson, Haleigh 40.79 46.28 | SO | Wakefield School Fighting Owls- ¹ | 1:33.65 | 1:27.07 | |
| 3 Zapiain, Leslie 41.67 46.57 | JR | Seton School | 1:20.97 | 1:28.24 | |
| 4 Dodson, Sydney 40.73 48.11 | JR | Highland School-VA | NT | 1:28.84 | |
| 5 Murphy, Maggie 42.19 47.14 | SO | Seton School | 1:26.50 | 1:29.33 | |
| 6 Heim, Sarah 44.00 48.80 | 8 | Seton School | 1:30.10 | 1:32.80 | |
| 7 Stirrup, Sarah 45.79 52.29 | SO | Wakefield School Fighting Owls- ¹ | 1:43.50 | 1:38.08 | |
| 8 Mullins, Elizabeth 49.03 50.00 | SO | Quantico Middle High School-VA | NT | 1:39.03 | |
| 9 Cummings, Judith 48.27 53.45 | SO | Seton School | 1:35.76 | 1:41.72 | |
| 10 Dickson, Marianna 47.69 54.33 | FR | Wakefield School Fighting Owls- ¹ | 1:48.13 | 1:42.02 | |
| 11 Gorman, Jackie 48.83 54.46 | FR | Wakefield School Fighting Owls- ¹ | 2:01.25 | 1:43.29 | |
| 12 Shevock, Kelsey 56.56 1:07.55 | | Notre Dame Academy Swim Team | 1:40.00 | 2:04.11 | |
| 13 Brown, Emily 55.24 1:11.91 | FR | Wakefield School Fighting Owls- ¹ | 2:22.97 | x2:07.15 | |
| --- Verry, Theresa 43.85 49.79 | FR | Seton School | 1:36.03 | X1:33.64 | |
| --- Fusco, Emilia 48.68 53.20 | JR | Seton School | 1:44.35 | X1:41.88 | |
| --- Geiran, Fiona 51.42 1:02.72 | 7 | Seton School | 1:50.52 | X1:54.14 | |
| --- Gilmore, Caitlin 51.39 1:03.78 | FR | Wakefield School Fighting Owls- ¹ | 2:19.50 | DQ | |
| --- Gergely, Kathleen 1:03.18 1:09.89 | JR | Highland School-VA | NT | DQ | |
| --- Freeman, Courtney | | Notre Dame Academy Swim Team | NT | NS | |
| --- Crowder, Kayla | 7 | Richmond Christian School-VA | NT | XNS | |

Event 23 Boys 400 Yard Freestyle Relay**SST Record: 3:20.62 2/13/2009 Hill, Cook, Dunn, Basinger****Nat Cath QT: 3:40.00****VSIS QT: 3:59.45**

| <u>Team</u> | <u>Relay</u> | <u>Seed Time</u> | <u>Finals Time</u> | <u>Points</u> |
|--------------------------------------|---------------------------------------|--------------------------------------|--|---------------|
| 1 Seton School | A | 4:02.87 | 4:07.36 | |
| 1) Smith, Jamie 8 28.32 59.00 | 2) Murphy, Timothy 8 1:05.63 30.36 | 3) Kenna, Joseph 8 16.20 59.19 | 4) Koehr, Brendan JR | |
| 2 Seton School | B | 4:28.01 | 5:03.48 | |
| 1) Koehr, Patrick 8 31.76 1:09.43 | 2) Collins, Michael SO 17.16 37.22 | 3) Hill, Michael SO 47.04 1:15.59 | 4) Minarik, Andrew SR 36.21 2:01.24 | |

SSTvWAKE-HIGH-QMHS-RCS-NDA12-12-09 - 12/12/2009**Results - SST Meet Dec 12-2009****(Event 23 Boys 400 Yard Freestyle Relay)**

| Team | Relay | Seed Time | Finals Time | Points |
|---------------------------|-----------------------|----------------------|--------------------|---------------|
| 3 Notre Dame Academy Swim | A | NT | 5:09.06 | |
| 1) Dimoff, David | 2) Graves, Griffin | 3) Nicholes, Matthew | 4) Sherman, Chris | |
| 35.26 1:13.48 36.72 | 1:23.39 35.02 1:15.91 | 35.71 1:16.28 | | |

Event 24 Girls 400 Yard Freestyle Relay**SST Record: 3:42.82 2/13/2009 DoonisTalbotClaybrooksDonohoe****Nat Cath QT: 4:21.00****VSIS QT: 4:27.73**

| Team | Relay | Seed Time | Finals Time | Points |
|---------------------------|-----------------------|-------------------------|-----------------------|---------------|
| 1 Seton School | A | 4:05.42 | 4:18.30 | |
| 1) Donohoe, Lauren JR | 2) Zapiain, Sarah SO | 3) Lambrecht, Rachel JR | 4) Talbott, Laura SR | |
| 27.68 57.60 33.36 | 1:10.97 31.92 1:08.70 | 28.92 1:01.03 | | |
| 2 Seton School | B | 4:36.08 | 4:45.99 | |
| 1) Byers, Monica SO | 2) Cook, Keeley FR | 3) McGurk, Sarah SO | 4) Zapiain, Leslie JR | |
| 33.76 1:11.33 17.75 | 34.09 36.75 1:10.09 | 36.62 1:50.48 | | |
| 3 Notre Dame Academy Swim | A | 6:55.00 | 6:33.00 | |
| 1) Klainer, Lili | 2) York, Sammi | 3) Freeman, Courtney | 4) Shevock, Kelsey | |
| 43.38 1:42.05 35.62 | 1:21.26 41.54 1:31.43 | 47.82 1:58.26 | | |